

# LUNCHPAD

All Breakfasts Must Include Choice of Fruit  
May Include 1% Low-Fat Milk

Breakfast Prices  
Paid \$1.90  
Reduced \$0.30

# November 2023

## Middle School Breakfast Menu

(V) Vegetarian Option

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

MySchoolBucks:  
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add/check your student's  
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Food Service is Hiring!  
**Work While Kids Are in School!**  
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**1**  
A: Glazed Donut Sticks (V)  
B: Yogurt Cup w/ Scooby Crackers (V)  
C: 2 String Cheese Sticks w/ Scooby Crackers (V)  
Juice and/or Apple Slices with Choice of Milk



**6**  
A: Mini Bagel Bites (V)  
B: Cereal Bowl with Bug Bites (V)  
C: UBR Bar with Bug Bites (V)  
  
Whole Apple and/or Juice with Choice of Milk

**7 National Nachos Day!!!**  
A: Breakfast Nachos  
B: Blueberry Yogurt Parfait (V)  
C: Cereal Bar with Scooby Crackers (V)  
Applesauce and/or Juice with Choice of Milk

**8**  
A: Chicken Biscuit Sandwich  
B: Cereal Bowl with Cheez-Its (V)  
C: Cereal Bar with Cheez-Its (V)  
  
Banana and/or Apple Slices with Choice of Milk

**9**  
A: Pancake Wrap  
B: Blueberry Yogurt Parfait (V)  
C: Pop-Tart with Scooby Crackers (V)  
  
Juice and/or Whole Orange with Choice of Milk

**10**  
A: Super Bakery Breakfast Bread (V)  
B: Cereal Bowl with Bug Bites (V)  
C: Chocolate Banana Round (V)  
Banana and/or Juice with Choice of Milk

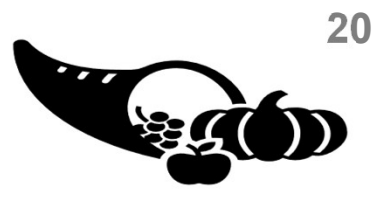
**13**  
A: Cinnamon Toast Crunch Pastry (V)  
B: Cereal Bowl with Bug Bites (V)  
C: Pop-Tart with Bug Bites (V)  
  
Whole Apple and/or Juice with Choice of Milk

**14**  
A: Glazed Donut Sticks (V)  
B: Peach Yogurt Parfait (V)  
C: Muffin with Scooby Crackers (V)  
  
Applesauce and/or Juice with Choice of Milk

**15**  
A: Bacon, Egg, & Cheese Bagel  
B: Cereal Bowl with Cheez-Its (V)  
C: Yogurt Cup with Cheez-Its (V)  
  
Banana and/or Apple Slices with Choice of Milk

**16**  
A: Sausage Breakfast Pizza  
B: Peach Yogurt Parfait (V)  
C: Cereal Bar with Scooby Crackers (V)  
  
Juice and/or Whole Orange with Choice of Milk

**17**  
A: Pumpkin Spiced Donut Holes (V)  
B: Cereal Bowl with Bug Bites (V)  
C: Ultimate Breakfast Round (V)  
  
Banana and/or Juice with Choice of Milk



**27**  
A: Mini Cinnis (V)  
B: Cereal Bowl with Bug Bites (V)  
C: Muffin with Bug Bites (V)  
  
Whole Apple and/or Juice with Choice of Milk

**28 French Toast Day!!!**  
A: Cinnamon French Toast (V)  
B: Pineapple Yogurt Parfait (V)  
C: Benefit Bar (V)  
  
Applesauce and/or Juice with Choice of Milk

**29 Wafflely Wednesday!!!**  
A: Waffles & Egg Patty  
B: Cereal Bowl with Cheez-Its (V)  
C: Yogurt Cup with Cheez-Its (V)  
  
Banana and/or Apple Slices with Choice of Milk

**30**  
A: Chocolate Crescent (V)  
B: Pineapple Yogurt Parfait (V)  
C: Pop-Tart with Scooby Crackers (V)  
  
Juice and/or Whole Orange with Choice of Milk

