

LUNCHPAD

Middle School Lunch Menu November 2023

Daily Options: Regular and Spicy Chicken Patty Sandwich, Bosco Sticks (V), Cheese Pizza (V), Pepperoni Pizza, Cheeseburgers, Hot Dogs, Chicken Nuggets, Deli Ham and Turkey Sandwiches, Sun Butter & Jelly Sandwiches , Yogurt Parfaits (V)  Plant Based (V) Vegetarian Option

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY



All Lunches must Include
Choice of Fruit and/or
Vegetable

Lunch Prices
Paid: \$3.05
Reduced: \$0.40

MySchoolBucks:
Scan the QR code to add/check
your student's account

Flatbread Grilled Cheese (V) 6
Chicken Parmesan Pizza
Tuna Salad Sandwich (V)
Chicken Caesar Salad
Baby Carrots, Cucumber Slices,
Whole Apples, Diced Peaches,
Crinkle-Cut French Fries

National Nachos Day!!! 7
Nacho Cheese Doritos Nachos
Chicken Parmesan Pizza
Tuna Salad Sandwich (V)
Chicken Caesar Salad
Baby Carrots, Celery Sticks, Banana,
Juice, Curly Fries

Buffalo Chicken Mac & Cheese 8
Chicken Parmesan Pizza
Tuna Salad Sandwich (V)
Chicken Caesar Salad
Baby Carrots, Broccoli & Tomatoes,
Apple Slices, Oranges, Potato
Wedges



Chicken Pot Pie 9
Chicken Parmesan Pizza
Tuna Salad Sandwich (V)
Chicken Caesar Salad
Chopped Romaine, Cucumber Slices,
Oranges, Banana,
Waffle Fries



Sloppy Joes 10
Chicken Parmesan Pizza
Tuna Salad Sandwich (V)
Chicken Caesar Salad
Baby Carrots, Cauliflower, Whole
Apple, Diced Peaches, Herb Roasted
Potatoes

Quesadilla Wedges (V) 13
Chicken & Pepper Popper Pizza
Chicken Ranch Club Flatbread
Egg Chef Salad (V)
Baby Carrots, Cucumber Slices,
Whole Apples, Oranges, Crinkle-Cut
French Fries

LTO Beef Gyro w/ Spicy Tzatziki 14
Chicken & Pepper Popper Pizza
Chicken Ranch Club Flatbread
Egg Chef Salad (V)
Baby Carrots, Baked Beans, Banana,
Applesauce Cups, Curly Fries

LTO Beef Gyro w/ Spicy Tzatziki 15
Chicken & Pepper Popper Pizza
Chicken Ranch Club Flatbread
Egg Chef Salad (V)
Baby Carrots, Broccoli & Tomatoes,
Applesauce, Oranges, Potato
Wedges

LTO Beef Gyro w/ Spicy Tzatziki 16
Chicken & Pepper Popper Pizza
Chicken Ranch Club Flatbread
Egg Chef Salad (V)
Chopped Romaine, Celery Sticks,
Whole Apple, Diced Pears,
Waffle Fries

Roasted Turkey Dinner 17
Chicken & Pepper Popper Pizza
Chicken Ranch Club Flatbread
Egg Chef Salad (V)
Baby Carrots, Cauliflower, Banana,
Oranges, Herb Roasted Potatoes



20

**Happy
Thanksgiving**



24

Black Bean Burger (V) 27
Chili Lime & Beef Pizza
Chicken & Bean Pinwheels
Taco Salad
Baby Carrots, Cucumber Slices,
Whole Apples, Oranges, Crinkle-Cut
French Fries

French Toast Day!!! 28
French Toast & Chicken Sausage
Chili Lime & Beef Pizza
Chicken & Bean Pinwheels
Taco Salad
Baby Carrots, Black Beans, Apple
Slices, Oranges, Curly Fries

Wafflely Wednesday!!! 29
Cubano Waffle Sandwich
Chili Lime & Beef Pizza
Chicken & Bean Pinwheels
Taco Salad
Baby Carrots, Broccoli & Tomatoes,
Apples, Bananas, Potato Wedges

Mini Corn Dogs 30
Chili Lime & Beef Pizza
Chicken & Bean Pinwheels
Taco Salad
Chopped Romaine, Celery Sticks,
Applesauce Cups, Bananas,
Waffle Fries

