



January 2023

Middle School | BREAKFAST MENU

|     |      |     |       |     |
|-----|------|-----|-------|-----|
| MON | TUES | WED | THURS | FRI |
|-----|------|-----|-------|-----|

# Winter Break

|   |   |   |   |   |  |
|---|---|---|---|---|--|
| <p>A: Glazed Donut<br/>B: Cereal Bowl with Breakfast Crackers<br/>C: Cereal Bowl with Breakfast Crackers<br/>Applesauce and/ or Craisins</p> <p style="text-align: right;">9</p>  | <p>A: Cherry Frudel<br/>B: Pop Tart with Breakfast Crackers<br/>C: Cereal Bowl with Breakfast Crackers<br/>Craisins and/ or Applesauce</p> <p style="text-align: right;">10</p>                                     | <p>A: Cinnamon Sugar Donut<br/>B: Goldfish with Breakfast Crackers<br/>C: Cereal Bowl with Breakfast Crackers<br/>Juice Box and/ or Craisins</p> <p style="text-align: right;">11</p>           | <p>A: Mini Cinni<br/>B: Chocolate Brownie Muffin with Breakfast Crackers<br/>C: Cereal Bowl with Breakfast Crackers<br/>Juice Box and/ or Apple Slices</p> <p style="text-align: right;">12</p> | <p>A: Glazed Donut<br/>B: Pop Tart with Breakfast Crackers<br/>C: Cereal Bowl with Breakfast Crackers<br/>Juice Box and/ or Raisins</p> <p style="text-align: right;">13</p>            |  |
| <p style="text-align: center;"> 16</p>  | <p>A: Bagel wi/ Cream Cheese<br/>B: Pop Tart with Breakfast Crackers<br/>C: Cereal Bowl with Breakfast Crackers<br/>Juice Box and/ or Applesauce</p> <p style="text-align: right;">16</p>                           | <p>A: Glazed Donut<br/>B: Fruit Loop Cereal Pouch with Breakfast Crackers<br/>C: Cereal Bowl with Breakfast Crackers<br/>Juice Box and/ or Craisins</p> <p style="text-align: right;">18</p>    | <p>A: Chocolate Croissant<br/>B: Breakfast Bread<br/>C: Cereal Bowl with Breakfast Crackers<br/>Juice Box and/ or Apple Slices</p> <p style="text-align: right;">19</p>                         | <p>A: Cinnamon Sugar Donut<br/>B: Cereal Bowl with Breakfast Crackers<br/>C: Cereal Bowl with Breakfast Crackers<br/>Juice Box and/ or Raisins</p> <p style="text-align: right;">20</p> |  |
| <p>A: Glazed Donut<br/>B: Cheez Its with Breakfast Crackers<br/>C: Cereal Bowl with Breakfast Crackers<br/>Juice Box and/ or Fresh Apple</p> <p style="text-align: right;">23</p> | <p>A: Mini Pancakes<br/>B: Pop Tart with Breakfast Crackers<br/>C: Cereal Bowl with Breakfast Crackers<br/>Juice Box and/ or Applesauce</p> <p style="text-align: right;">24</p>                                    | <p>A: Cinnamon Sugar Donut<br/>A: Cinemania Crackers with Breakfast Crackers<br/>B: Cereal Bowl with Breakfast Crackers<br/>Juice Box and/ or Craisins</p> <p style="text-align: right;">25</p> | <p>A: Apple Frudel<br/>B: Muffin with Breakfast Crackers<br/>C: Cereal Bowl with Breakfast Crackers<br/>Juice Box and/ or Apple Slices</p> <p style="text-align: right;">26</p>                 | <p>A: Glazed Donut<br/>B: Ubr Bar with Breakfast Crackers<br/>C: Cereal Bowl with Breakfast Crackers<br/>Juice Box and/ or Raisins</p> <p style="text-align: right;">27</p>             |  |
| <p style="text-align: center;"> 1</p>   | <p style="text-align: center;"> <b>Free Hot Chocolate with Breakfast</b></p> <p>A: Mini Bagels<br/>B: Nature Valley Breakfast Round<br/>C: Cereal Bowl with Breakfast Crackers<br/>Juice Box and/ or Applesauce</p> |   | <p>A: Glazed Donut<br/>B: Ubr Bar with Breakfast Crackers<br/>C: Cereal Bowl with Breakfast Crackers<br/>Juice Box and/ or Craisins</p> <p style="text-align: right;">1</p>                     | <p>A: French Toast Sticks<br/>B: Breakfast Bread<br/>C: Cereal Bowl with Breakfast Crackers<br/>Juice Box and/ or Apple Slices</p> <p style="text-align: right;">2</p>                  | <p>A: Cinnamon Sugar Donut<br/>B: Cheez Its with Breakfast Crackers<br/>C: Cereal Bowl with Breakfast Crackers<br/>Juice Box and/ or Raisins</p> <p style="text-align: right;">3</p> |

Menus are subject to change.

**Breakfast Prices**  
Paid: \$1.80  
Reduced: \$0.30

Visit us at  
[psd202.schooldish.com](http://psd202.schooldish.com)  
and click on Menus & Nutrition.



Powering potential.



**We are Hiring!**

Contact Spencer Underwood for more information at 815-436-6270 or at  
[underwood-spencer@aramark.com](mailto:underwood-spencer@aramark.com)

Apply today at...  
<https://careers.aramark.com/search/?keyword=Plainfield&location=60544>

All Breakfast Must Include Choice of:  
Fruits and/or Vegetable  
And May Include:  
Chocolate or 2% Low-Fat Milk



This institution is an equal opportunity providers



# January 2023

## Middle School | LUNCH MENU

MON

TUES

WED

THURS

FRI

2

3



**Daily Options:**  
 Chicken Patty Sandwich, Spicy Chicken Patty Sandwich, Bosco Sticks with Marinara (V), Beef and Chicken Nachos, Cheese Pizza (V), Pepperoni Pizza, Cheeseburger, Hamburger, Chicken Nuggets, Mini Corndogs, Egg Salad Sandwich (V), Turkey and Cheese Sandwich, Ham and Cheese Sandwich and Sun Butter and Jelly Sandwich (V)



**Harvest Black Bean Chili Bowl**

**Harvest Black Bean Chili Bowl**

**Harvest Black Bean Chili Bowl**

**Harvest Black Bean Chili Bowl**

**Harvest Black Bean Chili Bowl**

Craisins, Applesauce Cups, Peas, Corn

Raisins, Applesauce, Baby Carrots, Mixed Vegetables

Fresh Apple, Diced Pears, Fresh Cucumbers, Celery Sticks

Fresh Apple, Mixed Fruit, Baby Carrots, Kickin' Pinto Beans

Fresh Apple, Raisins, Baby Carrots, Romaine Side Salad



**BBQ Chicken Mac and Cheese**

**BBQ Chicken Sandwich**

**Chef Special**

**Fish Sandwich with Cheese**

Fresh Apple, Applesauce, Baby Carrots, Celery Sticks

Fresh Banana, Diced Pears, Fresh Cucumbers, Corn

Fresh Apple, Mixed Fruit, Baby Carrots, BBQ Baked Beans

Fresh Apple, Raisins, Baby Carrots, Celery

**Baked Potato with Cheese Sauce and Broccoli**

**Bacon Cheeseburger**

**Fish Sticks with Dinner Roll**

**Chef Special**

**Meatball Sub Sandwich**

Fresh Apple, Craisins, Baby Carrots, Corn

Fresh Apple, Applesauce, Baby Carrots, Fresh Broccoli

Fresh Apple, Diced Pears, Fresh Cucumbers, Celery Sticks

Fresh Apple, Mixed Fruit, Baby Carrots, Kickin' Pinto Beans

Fresh Apple, Craisins, Baby Carrots, Green Beans



**Orange Chicken with Rice**

**Buffalo Chicken Sandwich**

**Chef Special**

**BBQ Rib Sandwich**

Fresh Apple, Applesauce, Baby Carrots, Green Beans

Fresh Banana, Diced Pears, Fresh Cucumbers, Corn

Fresh Apple, Mixed Fruit, Baby Carrots, BBQ Baked Beans

Fresh Apple, Raisins, Baby Carrots, Peas

Menus are subject to change.

**We are Hiring!**

Contact Spencer Underwood for more information at 815-436-6270 or at

[underwood-spencer@aramark.com](mailto:underwood-spencer@aramark.com)

Apply today at...

<https://careers.aramark.com/search/?keyword=Plainfield&location=60544>

All Lunches Must Include Choice of:  
 Fruits and/or Vegetable  
 And May Include:  
 Chocolate or 2% Low-Fat Milk



This institution is an equal opportunity providers



### Lunch Prices

Paid: \$2.90

Reduced: \$0.40

Visit us at

[psd202.schooldish.com](http://psd202.schooldish.com)

and click on Menus & Nutrition.

MY SCHOOL BUCKS



Powering potential.