



November 2022

Middle School | BREAKFAST MENU

	MON	TUES	WED	THURS	FRI
		1 A: French Toast Sticks B: Cereal Bowl with Breakfast Crackers Fresh Banana and/ or Juice Box	2 A: Mini Waffles B: Cereal Bar with Breakfast Crackers Fresh Apple and/ or Applesauce	3 	4 
	7 A: Breakfast Frudel B: Muffin with Breakfast Crackers Fresh Apple and/ or Applesauce	8 	9 A: Mini Cinnamon Rolls B: Cereal Bar with Breakfast Crackers Fresh Apple and/ or Applesauce	10 A: Toasted Bagel and Cream Cheese B: Cereal Bowl with Breakfast Crackers Raisins and/ or Fresh Apple	11 A: Cinnamon Sugar Donut B: Cereal Bar with Breakfast Crackers Juice Box and/ or Craisins
	14 A: Glazed Donut B: Pop Tart with Breakfast Crackers Fresh Apple and/ or Applesauce	15 A: Breakfast Frudel B: Cereal Bar with Breakfast Crackers Fresh Banana and/ or Juice Box	16 A: Breakfast Bread B: Muffin with Breakfast Crackers Fresh Apple and/ or Applesauce	17 A: Mini Cinnamon Rolls B: Pop Tart with Breakfast Crackers Raisins and/ or Fresh Apple	18 A: Glazed Donut B: Nature Valley Bar with Breakfast Crackers Juice Box and/ or Craisins
	21 A: Breakfast Bread B: Cereal Bar with Breakfast Crackers Fresh Apple and/ or Applesauce	22 A: Mini Waffles B: Cereal Bowl with Breakfast Crackers Fresh Banana and/ or Juice Box	23 	24 	25 
	28 A: French Toast Sticks B: Pumpkin Bread Fresh Banana and/ or Juice Box	29 A: Mini Bagels B: Breakfast Oatmeal Bar with Breakfast Crackers Fresh Apple and/ or Applesauce	30 A: Toasted Bagel and Cream Cheese B: Cereal Bowl with Breakfast Crackers Fresh Apple and/ or Applesauce		

Menus are subject to change.

Breakfast Prices
Paid: \$1.80
Reduced: \$0.30

Visit us at
psd202.schooldish.com
and click on Menus & Nutrition.



Powering potential.



We are Hiring!
Contact Spencer Underwood for more information at 815-436-6270 or at
underwood-spencer@aramark.com
Apply today at...
<https://careers.aramark.com/search/?keyword=Plainfield&location=60544>

All Breakfast Must Include Choice of:
Fruits and/or
Vegetable
And May Include:
Chocolate or 2% Low-Fat Milk



This institution is an equal opportunity providers



November 2022

Middle School | LUNCH MENU

MON	TUES	WED	THURS	FRI
	Orange Chicken with Rice ¹ Fresh Apple, Applesauce, Baby Carrots, Fresh Broccoli and Tomatoes	Toast Turkey and Cheese Sandwich ² Fresh Apple, Banana, Baby Carrots, Celery Sticks	 ³	 ⁴
 ⁷ Chicken Nachos with Salsa Fresh Apple, Craisins, Applesauce, Peas, Green Beans	 ⁸	 ⁹ Sweet Sour Chicken Bowl Fresh Apple, Fresh Orange, Baby Carrots, Peas	Beef Tacos ¹⁰ Fresh Apple, Applesauce, Baby Carrots, Fresh Cucumbers	 ¹¹ French Toast Sticks with Egg Omelet (V) Fresh Apple, Diced Peaches, Baby Carrots, BBQ Baked Beans
Walking Tacos ¹⁴ Fresh Apple, Apple Slices, Baby Carrots, Peas	 ¹⁵ Spaghetti Chicken Carbonara with Peas and Bacon Fresh Apple, Applesauce, Baby Carrots, Fresh Broccoli and Tomatoes	 ¹⁶ BBQ Chicken Sandwich Fresh Apple, Banana, Baby Carrots, Celery Sticks	 ¹⁷ Waffles with Chicken Sausage Patty Fresh Apple, Fresh Pear, Baby Carrots, BBQ Baked Beans	 ¹⁸ Chipotle Beef and Bean Burrito Fresh Apple, Apple Slices, Baby Carrots, Peas
 ²¹ Fish Sticks with Dinner Roll (V) Fresh Apple, Craisins, Applesauce, Peas, Green Beans	 ²² Popcorn Chicken Bowl Fresh Apple, Applesauce, Baby Carrots, Fresh Cucumbers	 ²³	 ²⁴	 ²⁵
 ²⁸ French Toast Sticks with Egg Omelet (V) Fresh Apple, Craisins, Applesauce, Peas, Green Beans Menus are subject to change.	 ²⁹ Orange Chicken with Rice Fresh Apple, Applesauce, Baby Carrots, Fresh Broccoli and Tomatoes	 ³⁰ Buffalo Chicken Sandwich Fresh Apple, Applesauce, Baby Carrots, Fresh Cucumbers	Daily Options: Chicken Patty Sandwich, Spicy Chicken Patty Sandwich, Bosco Sticks with Marinara (V), Cheese Pizza (V), Pepperoni Pizza, Cheeseburger, Hamburger, Chicken Nuggets, Mini Corndogs, Egg Chef Salad (V), Turkey and Cheese Sandwich, Ham and Cheese Sandwich and Sun Butter and Jelly Sandwich (V)	

Lunch Prices
 Paid: \$2.90
 Reduced: \$0.40

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All Lunches Must Include Choice of:
 Fruits and/or Vegetable
 And May Include:
 Chocolate or 2% Low-Fat Milk



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