



September 2022

Middle School | BREAKFAST MENU

	MON	TUES	WED	THURS	FRI
	5 A: Mini Bagels B: Breakfast Oatmeal Bar with Breakfast Cracker Fresh Apple and/ or Applesauce	6 A: French Toast Sticks B: Cereal Bowl with Breakfast Cracker Fresh Banana and/ or Juice Box	7 A: Mini Waffles B: Cereal Bar with Breakfast Crackers Fresh Apple and/ or Applesauce	8 A: Breakfast Frudel B: Muffin and Breakfast Cracker Raisins and/ or Fresh Apple	9 A: Glazed Donut B: Pop Tart with Breakfast Cracker Juice Box and/ or Craisins
	12 A: Mini Bagels B: Breakfast Oatmeal Bar with Breakfast Cracker Fresh Apple and/ or Applesauce	13 A: Breakfast Bread B: Pop Tart with Breakfast Cracker Fresh Banana and/ or Juice Box	14 A: Mini Cinnamon Rolls B: Cereal Bar with Breakfast Cracker Fresh Apple and/ or Applesauce	15 A: Toasted Bagel and Cream Cheese B: Cereal Bowl with Breakfast Cracker Raisins and/ or Fresh Apple	16 A: Cinnamon Sugar Donut B: Cereal Bar with Breakfast Cracker Juice Box and/ or Craisins
	19 A: Breakfast Bread B: Cereal Bar with Breakfast Cracker Fresh Apple and/ or Applesauce	20 A: Breakfast Frudel B: Cereal Bar with Breakfast Cracker Fresh Banana and/ or Juice Box	21 A: Breakfast Bread B: Muffin with Breakfast Cracker Fresh Apple and/ or Applesauce	22 A: Mini Cinnamon Rolls B: Pop Tart with Breakfast Cracker Raisins and/ or Fresh Apple	23 A: Glazed Donut B: Nature Valley Bar with Breakfast Cracker Juice Box and/ or Craisins
	26 A: Breakfast Bread B: Cereal Bar with Breakfast Cracker Fresh Apple and/ or Applesauce	27 A: Mini Waffles B: Cereal Bowl with Breakfast Cracker Fresh Banana and/ or Juice Box	28 A: Breakfast Frudel B: Cereal Bar with Breakfast Cracker Fresh Apple and /or Applesauce	29 A: French Toast Sticks B: Muffin with Breakfast Cracker Raisins and/ or Fresh Apple	30 A: Cinnamon Sugar Donut B: Pop Tart with Breakfast Cracker Juice Box and/ or Craisins

Menus are subject to change.

Breakfast Prices
Paid: \$1.80
Reduced: \$0.30

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& Nutrition.



Powering
potential.



We are Hiring!
Contact Spencer Underwood for more information at 815-436-6270 or at
underwood-spencer@aramark.com
Apply today at...
<https://careers.aramark.com/search/?keyword=Plainfield&location=60544>

All Breakfast Must
Include Choice of:
Fruits and/or
Vegetable
And May Include:
Chocolate or 2% Low-Fat Milk










This institution is an equal opportunity providers



September 2022

Middle School | LUNCH MENU

MON	TUES	WED	THURS	FRI
 <p>Happy Labor Day ⁵</p>	 <p>#ThrowBack Cheese Pizza ⁶</p> <p>Fresh Apple, Applesauce, Baby Carrots, Fresh Cucumbers</p>	<p>Sweet Sour Chicken Bowl ⁷</p> <p>Fresh Apple, Fresh Orange, Baby Carrots, Peas</p>	<p>French Toast Sticks with Egg Omelet (V) ⁸</p> <p>Fresh Apple, Applesauce, Baby Carrots, Fresh Cucumbers</p>	<p>Loaded Beef Fry Bowl ⁹</p> <p>Fresh Apple, Diced Peaches, Baby Carrots, BBQ Baked Beans</p>
<p>Fish Sticks with Dinner Roll (V) ¹²</p> <p>Fresh Apple, Craisins, Applesauce, Peas, Green Beans</p>	 <p>Bacon Cheeseburger ¹³</p> <p>Fresh Apple, Applesauce, Baby Carrots, Fresh Broccoli and Tomato</p>	<p>Sloppy Joe Sandwich ¹⁴</p> <p>Fresh Apple, Banana, Baby Carrots, Celery Sticks</p>	<p>Waffles with Chicken Sausage Patty ¹⁵</p> <p>Fresh Apple, Fresh Pear, Baby Carrots, BBQ Baked Beans</p>	<p>Chipotle Beef and Bean Burrito ¹⁶</p> <p>Fresh Apple, Apple Slices, Baby Carrots, Peas</p>
 <p>No School ¹⁹</p>	 <p>Nashville Hot Chicken Sandwich ²⁰</p> <p>Fresh Apple, Applesauce, Baby Carrots, Fresh Cucumbers</p>	<p>French Toast Sticks with Chicken Sausage Patty ²¹</p> <p>Fresh Apple, Fresh Orange, Baby Carrots, Peas</p>	 <p>Harvest Grain Bowl ²²</p> <p>Fresh Apple, Applesauce, Baby Carrots, Fresh Cucumbers</p>	<p>Chicken Quesadilla ²³</p> <p>Fresh Apple, Diced Peaches, Baby Carrots, BBQ Baked Beans</p>
<p>Veggie Burger (V) ²⁶</p> <p>Fresh Apple, Craisins, Applesauce, Peas, Green Beans</p>	<p>Waffles with Chicken Sausage Patty ²⁷</p> <p>Fresh Apple, Applesauce, Baby Carrots, Fresh Broccoli and Tomato</p>	<p>Bacon Cheeseburger ²⁸</p> <p>Fresh Apple, Banana, Baby Carrots, Celery Sticks</p>	<p>Pizza Crunchers (V) ²⁹</p> <p>Fresh Apple, Fresh Pear, Baby Carrots, BBQ Baked Beans</p>	 <p>Baked Potato with Vegetarian Chili and Cheese (V) ³⁰</p> <p>Fresh Apple, Apple Slices, Baby Carrots, Peas</p>

Daily Options:

Chicken Patty Sandwich, Spicy Chicken Patty Sandwich, Bosco Sticks with Marinara (V), Cheese Pizza (V), Pepperoni Pizza, Cheeseburger, Hamburger, Chicken Nuggets, Mini Corndogs, Egg Chef Salad (V), Turkey and Cheese Sandwich, Ham and Cheese Sandwich and Sun Butter and Jelly Sandwich (V)

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We are Hiring!

Contact Spencer Underwood for more information at 815-436-6270 or at

underwood-spencer@aramark.com

Apply today at...

<https://careers.aramark.com/search/?keyword=Plainfield&location=60544>

All Lunches Must Include Choice of:
Fruits and/or
Vegetable
And May Include:
Chocolate or 2% Low-Fat Milk



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