

Our school has officially kicked off our **Hoops for Heart** for the American Heart Association! We are so excited to teach your student how to care for their heart while raising lifesaving donations to fight the nation's #1 killer!

Our American Heart Association representative came to our school and talked with our students about the work the AHA does and challenged them to start living a healthy lifestyle. With the help of our friends from the **SCARE SQUAD** our school is going to scare away heart disease for good! Our friends Jax, Charger & Finster are here to help educate our students on how to be heart healthy.... In a fun way!



By downloading our Jump/Hoops app your student can earn & scan these monsters to bring them to life to learn what their heart-healthy reminders are! Students can also send texts, emails and post to social media from the app to ask for donations (its quick, easy and SAFE!) This video will help explain how to download the app from your device's App store and how to utilize the app once your student is registered: [How to use the app](#)

Don't have a way to download the app? No problem. Your student can register using our Hoops For Heart event website at <http://www2.heart.org/goto/auxsablemiddle>

Students also spent some time getting to know **Finn**! Finn just turned 3 years old and is a 13- time heart surgery survivor! Finn's story is a truly remarkable one and I encourage you to watch the video below to learn a little more about his story and why the work your student is doing through Hoops For Heart is so important to him and his family:

<https://www.youtube.com/watch?v=xvubaiVhLas>



Thank you for joining us as we challenge each other to keep our heart healthy and raise money for kids with special hearts.